

USEFUL PSYCHIATRY MCQ and Keys for Medical Undergraduates

1. Concerning classification in psychiatry
 - (a) Psychiatric classification ensures validity of diagnosis.
 - (b) It improves reliability of diagnosis.
 - (c) The term psychosis was coined by William Cullen.
 - (d) Neurosis was coined by Ernst Von Feuchterslebon
 - (e) DSM-IV-TR does not use mult-axial system.

2. Concerning culture and psychopathology
 - (a) Culture does not influence the expression of symptoms.
 - (b) Depression is a culture bound syndrome
 - (c) Koro is also known as shrinking penis
 - (d) Brain fag syndrome is not a culture bound syndrome
 - (e) Koro was first described among Nigerian students.

3. The following are motor disorder symptoms **EXCEPT**
 - (a) Mannerism
 - (b) Stereotypic Movement
 - (c) Waxy flexibility
 - (d) Rigidity
 - (e) Illusions

4. The following are disorders of thought **EXCEPT**
 - (a) Delusions
 - (b) Phobias
 - (c) Obsessions
 - (d) Hallucinations
 - (e) Preoccupations

5. Concerning history taking in Psychiatry
 - (a) Informant(s) report is not necessary.
 - (b) Assessment should be carried out in an undisclosed setting
 - (c) Confidentiality issues is not important
 - (d) Past medical history is not important
 - (e) Demographic data is an important part.

6. Mental state examination include the following **EXCEPT**
 - (a) Appearance
 - (b) Thought
 - (c) Affect
 - (d) Cognition
 - (e) Diagnosis.

7. The following is **NOT** true of normal sleep
- (a) NREM is a component
 - (b) REM is a component
 - (c) NREM has four stages
 - (d) NREM is associated with increased muscle tone
 - (e) Depressive disorder affects normal sleep.
8. The following are parasomnia **EXCEPT**
- (a) Nightmare disorder
 - (b) Night terror disorder
 - (c) Narcolepsy
 - (d) Somnambulism
 - (e) Sleep paralysis
9. Concerning Delirium
- (a) Consciousness is not altered.
 - (b) Agitation is not a feature.
 - (c) Laboratory investigation not necessary.
 - (d) Vitamin deficiency is not implicated.
 - (e) Management is usually based on primary cause.
10. Which is correct about Dementia
- (a) Confusion is the core feature
 - (b) Confabulation is a symptom
 - (c) Head trauma is not an aetiological factor
 - (d) Alzheimer's disease is not a cause of dementia
 - (e) Pharmacological agents reverse the cognitive deficits.
11. Depressive disorders; the following is a feature
- (a) Anhedonia
 - (b) Optimistic thinking
 - (c) Perceptual disturbances
 - (d) Normal attention and concentration
 - (e) Normal appetite
12. The following are sub types of depression **EXCEPT**
- (a) Mild depressive disorder
 - (b) Moderate depressive disorder
 - (c) Severe depressive disorder
 - (d) Atypical depression
 - (e) Profound depression

13. Concerning obsessive compulsive disorder
- (a) Obsessional thoughts are always followed by a compulsive act.
 - (b) Abnormality of serotonergic function may be implicated.
 - (c) Psychotherapy is not a treatment modality
 - (d) Haloperidol is the drug of choice
 - (e) No evidence of Genetic predisposition.
14. The following are psychological features of anxiety **EXCEPT**
- (a) Irritability
 - (b) Apprehension
 - (c) Impaired concentration
 - (d) Palpitation
 - (e) Insomnia
15. Match the following
- (a) Structural model of the Mind ----- Erik Erikson
 - (b) Psychosexual theory ----- Harry Stack Sullivan
 - (c) Psychosocial theory ----- Sigmud Freud
 - (d) Cognitive Development Theory ----- Jean Piaget
 - (e) Epigenetic Theory ----- Abraham Maslow
16. Which is not a Stage of Cognitive Development Theory
- (a) Oral stage
 - (b) Sensorimotor state
 - (c) Pre-operational stage
 - (d) Formal operational stage
 - (e) Concrete operational stage.
17. Concerning conversion disorders
- (a) Primary gain is a feature
 - (b) The symptoms are deliberate
 - (c) Commoner in males
 - (d) Physical and Laboratory investigations not necessary
 - (e) It is not an ICD - 10 diagnosis
18. The following is correctly matched
- (a) Greisinger - Unitary psychosis
 - (b) Kraepelin - The 4As
 - (c) Eugene Bleuler - Dementia praecox
 - (d) Kurt Schneider - Demence precoce
 - (e) Morel - First Rank Symptoms

19. The following is True of Othello Syndrome **EXCEPT**

- (a) Otherwise called delusion of jealousy
- (b) Commoner in males
- (c) Alcoholism could be a risk factor
- (d) It is a delusional disorder
- (e) Separation is discouraged

20. The following are correct about Anorexia Nervosa **EXCEPT**

- (a) Amenorrhea is a feature
- (b) May be complicated by hypokalemis
- (c) Morbid fear of fatness
- (d) Obesity is a feature
- (e) Dehydration may occur

Marking Scheme

1. B
2. C
3. E
4. B
5. E
6. E
7. D
8. C
9. E
10. B
11. A
12. E
13. B
14. D
15. D
16. A
17. A
18. A
19. E
20. D